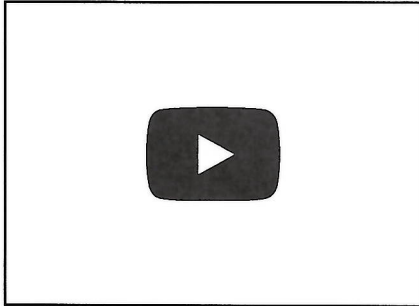


WRAP[®]

and Recovery Books



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By Katie Wilson, Director of Operations, The Copeland Center for Wellness and Recovery

I always learn a lot from co-facilitating WRAP groups and being in rooms with other WRAP Facilitators and people gathering to enhance their own wellness through connection and self-discovery. One experience that I'll never forget is a time when another WRAP Facilitator was introducing himself and repeated this quote:

"In WRAP programs there is unconditional acceptance of each person as they are—unique and special individuals." (*WRAP Plus*, p. 47)

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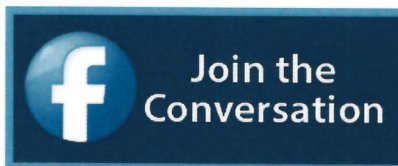
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