

OBJECTIVES:

1. Identify clinical and administrative settings in which group facilitation is important
2. Characterize the skills and strategies that enhance group facilitation
3. Describe objectives for the beginning, middle, and concluding phases of a group
4. Identify challenges and opportunities to integrating recovery oriented values into group facilitation

DISCUSSION QUESTIONS:

1. What are some of the roles and settings in which you may want to facilitate groups?
2. Consider briefly how group facilitation benefits from knowledge of group process?
3. What steps help us prepare to facilitate a group? What are the objectives for the opening, middle and concluding sections of group discussion?
5. What problems or obstacles might we encounter in each section? What are some of the approaches or skills that contribute to dealing with them?
6. How do recovery aims enhance or complicate the approach of the group facilitator?